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THE CLUB CRIER

KIWANIS CLUB OF THE CHATHAMS SERVING THE CHATHAMS AND MADISON

NEWSLETTER FOR THE MONTH OF OCTOBER, 2010

At 80 Years Old, We Celebrate Our First Installation Dinner As THE KIWANIS CLUB OF THE CHATHAMS, AND MADISON

One year ago we shared our Installation dinner with the Madison Kiwanis Club (See Crier for October, 2009). A few months later, the Madison club turned in its charter, and the remaining members joined the Chatham Club. Now, our combined club has assumed the responsibility for most of the events of the former Madison Club, including its sponsored youth, social events, and fundraisers.



Club Presidents; back: Joe Marcel, Mal Kitson, Tom Mullin, Dave Lloyd, Doug Bryant, Gary Arnesen; front: Jerry Fedeler, Bob Huntington, Cory Fuller, Alan Robertson with his friend Joan Frye, and Ken Smith.

The September 22 Installation Dinner and Eightieth Anniversary began as we greeted old friends and welcomed our special guests, three former Club Presidents, and their wives: Bob and Shirley Huntington (1971-72), Ken and Sally Smith (1996-97), and Jerry and Barbara Fedeler (1999-2000).

We also greeted District Governor Mark Esposito, there to address our club. When



M. Esposito

he did, he said that it was an honor to visit us, because of our distinguished history, continued growth and vitality. He also said that he would like to “package” our success, so he could share it with the other clubs in New Jersey. And, he praised Marc Litwack,

our new Governor, for his vast knowledge and enthusiasm for all things Kiwanian, especially its sponsored youth.

In opening remarks, President Rich reviewed the years events, starting with our collaboration

with the Madison Club in sponsoring last December’s *Breakfast with Santa*. As our two clubs combined, we participated in activities of the former Madison Club, including the May 1 Cleanup and fundraiser at Cole Park, the Multi-Family Garage Sale on May 15, and the May 30 concert at Baily Ellard Field for alumni of Madison High.

We also sponsored two young students in the Philippines, so they could attend school.

Among our goals achieved this past year are the planning of a new fundraiser, a February 24 Wine Tasting at Grace church in Madison, and the welcoming of three new members, John Bauer, brother of Nancy Boucher, Hal Wittlinger, of Mendham, and Stuart Shippey, of Madison



Past President Rich Behling presents the incoming President's Gavel to Dick Plambeck.

Lt. Governor O’Neil thanked Nancy Boucher, Nancy Holt, and Herb Ramo for their service as Directors, and installed new Directors for the *Class of 2013*: Doug Bryant, Karen Swartz, and Melanie Sze. He then thanked the Club officers for their past service, (please turn to page 3, under “*Installation*”)



Our 80th Year: On August 7, 1930, the original Charter for our club was signed by Raymond M Crossman, President, Kiwanis International,

In This October Issue

- P1. & 3- Our 80th birthday and Installation Dinner..
- P2 Calendar for October; Info on new Club Board, plus Kiwanis contact info.

- P3. Club officers, and Harvest Festival nut sale.
- P4. Dick Plambeck: Community Garden; Rebecca Shippey: Healthy Aging, with the Atlantic Health Program
- P5 Pasta Dinner Volunteer List .

CLUB CALENDER FOR OCTOBER 10– MEETINGS AND EVENTS

Board Meeting, Oct.19, 9:AM, after the 8:AM breakfast meeting. All welcome

Sponsored Youth Meetings & Events: CHS Key Club, Mtg. Oct 20, 10:30AM, Auditorium.

Circle K Club– Oct 19, 9:45PM (Officers), 10:PM Members, McLendon Hall;

CMS Builders Club: The Club is selling Entertainment Books for 2011, available through Dec.11. Morris and Essex Counties are in stock; others, by order. See Betty Anne Keat. The Builders Club will meet on Wednesday the 20th at 2:40PM

Events this month: Pasta Dinner, Thurs Oct 28, CHS Cafeteria; 4:30-7:15

Birthdays this month: Oct 9, Bob Stannard; Oct 13, Heather Alonge; Oct. 15, Joan May; Oct17, Jim Srygley; Oct 18, Marge Ahrens; Oct 23, Sharon Johnson; Oct 25, Joan Thuebel, Nelson Vaughan.

Newspaper Recycling: Mondays 7:00 AM– Volunteers meet at collection area near Chatham Post Office. Reminder for neighbors: Leave newspapers near Kiwanis trailer.

OCTOBER MEETINGS, John Eyre, Chair. All Meetings at Charlie Brown's.

Oct 5, Lunch—John Reardon, “Time, Watches, and Patek Philippe Watches”

Oct 12, Lunch- Cindy Steffens will speak on “Green Initiatives” in local New Jersey areas.

Oct 19, Breakfast– Marilyn Wittlinger will speak on Sears mail-order homes.

Oct 26, Breakfast- Joan Thubel – Amazon River Trip.

NOVEMBER MEETINGS, Diane O'Brien Chair. All Meetings at Charlie Brown's.

Nov. 2, Lunch Sue Hoag and Lenore Ford.

Nov 9, Lunch - Dr. Toby Ippolito, MD, Internal Medicine: Health and Wellness.

Nov. 16, Breakfast-Brian H. George, MS, MBA, Administrator, Surgery Programs, Saint Barnabas Health Care System: Health and Wellness

Nov. 23, Breakfast- Interfaith Hospitality Network

Nov. 30, Breakfast - John Gardner, previously addressed us on oil pricing; this time he will discuss gold and silver pricing.

FUTURE EVENTS:

Nov. 2, 16, and 30 Circle K at Drew, 9:45 Board meets; 10:00 General Meeting.. .

Nov. 20 & 21- Nut Sales , 9 to 5 PM, at ShopRite and at Kings.

Nov 26: Madison Christmas Parade, Assemble 5:PM, Madison Ambulance Parking Lot.

Dec 5, Breakfast with Santa—9 to 12, Noon. Madison Communiaty Ctr, 25 Cook Av. Set up at 8:AM; Finish by 12:30 PM.

Chatham Kiwanis-Officers & Directors for 2010-2011**Officers, 1-year term, progressive**

Dick Plambeck, President
Mary Anne Maloney Prs-Elect
Rich Behling, Past President
Joan May, Vice President

Officer-Specialists, open terms

Tom Mullin, Secretary
Monty Montague, Treasurer
Valerie Olpp, Asst Treasurer
Ron Whalin, Publicity
Bob Stannard, Newsletter

Directors, Rotating 3-year terms

Jerry Cunningham Dir 2011
Jill Gregg, Dir. 2011
Betty Anne Keat, Dir 2011
John Eyre, Dir 2012
Marty Secheyay, Dir 2012
Bill Williams, Dir. 2012
Doug Bryant, Dir 2013
Karen Swartz, Dir 2013
Melanie Sze, Dir 2013

The CRIER Newsletter

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Installation (Cont. from P.1)

and installed Rich Behling as Past President, Dick Plambeck as President, Mary Anne Maloney as President-elect, and Joan May as Vice President. He also installed Monty Montague and Ron Whalin to the Board positions of: Treasurer and Publicity, and your *Editor* to that position on the Board..

Our new President, Dick Plambeck, praised Cory Fuller for her support of the Kiwanis Foundation, and Doug and Rich for earning the Kiwanis titles of "Distinguished President". He also took pleasure in announcing our Club awards, won at the August District Convention (See September Crier P.5): A blue ribbon for our support of circle K at the District level; a silver ribbon for the best newsletter in clubs of our size (*silver*) and a green ribbon for the best newsletter in the NJ District. "In all", he concluded, "a successful and fun year".



Club officers for 2010-2011, plus Lt. Gov Joseph O'Brien (back row, L). Back row: O'Brien, Dick Plambeck, Rich Behling, Doug Bryant, Monty Montague; Front row: Ron Whalin, Mary Anne Maloney, Bob Stannard, Karen Swartz, Melanie Sze. Missing from photo: Joan May, Valerie Olpp, and Directors from classes 2011 and 2012

Photo, courtesy Ron Whalin. P.1, two top photos, also Ron Whalin

"The Harvest Festival- A Great Kick-Off Place For Our Holiday Nut Sales", **Stu Shippey, Chairman of our Nut Sales for 2010**



Stu Shippey, Rich and Debbie Behling stand behind the inviting display. Bags of nuts shown include (from L), Almonds, Cashews, Delux Mix, Peanuts, Pecans, Light Walnuts. Photo, R. Whalin

purchases, and ordered selections that Stu would use for guidance when he placed larger orders from our supplier. When the Festival was over, Stu's concluding remark was, "It was a wonderful day, and we had a good time meeting our friends and customers".

Saturday, Sept.25, was a warm sunny day, and we returned to the Chatham UM Church for their annual Harvest Festival. We, like other community and church organizations, reserved part of a table for our display; in this case, Holiday Nuts. There, we sat among the many vendors of food, crafts and clothing. We could smell the aromas of hot dogs, baked beans and hot chocolate. We watched the kids in the *bouncing balloon structure*, and could see them wonder at the magician and his tricks .

Stu arranged for an attractive display of our famous Kiwanis Nuts. Visitors to the table purchased some of the bags, received small *incentive* peanut bags for their larger purchases,



Salesman Shippey intrigues his visitor with a story of the delicious nuts he can give to his friends.

Community Garden Talk Follows Club Tradition: Good Speakers, Community Based

September 28: Former Mayor, and current Club President, Richard Plambeck, Introduced Marta



Marta McDowell and Pres. Plambeck

McDowell as *A Master Gardner*, and his associate on the Community Garden Committee. He defined a *Community Garden* as a shared area for people to plant, grow and harvest, and an opportunity to *grow* community spirit, and to expand ecological education.

In organizing the committee to plan and develop the garden, much research was done. When they looked for a good model to emulate, they discovered that Red Wing, Minnesota, had the best gardening rules. They cataloged community gardens in Morristown, Millburn, Denville and other nearby towns. Sources of technical information were listed, including

Frelinghuysen Arboretum, Rutgers University, and American Community Gardening Association (communitygarden.org).

After Chatham Borough gave its approval, an agreement was reached with PSG&E to lease a plot near the intersection of Main St. and Division St. A budget was developed, the ground was tilled, water piped in, fencing installed, and volunteers organized. The 10 x 10 plots were laid out and assigned to members of the group. After the first busy



Early October, and harvest time for the gardens.

weeks of planting, mulching and watering, only one or two gardeners could be seen working on their plots at any one time. For the sun shown, the vegetables and flowers grew, and the new gardeners could relax a little. Little effort was needed at that time, except for occasional weeding, watering and sometimes de-bugging.

The entire project was apparently well run, for many of the projects were done by volunteers, much of the equipment, fertilizer and supplies were donated, and the money was carefully used. As a result, only one third of the \$15,000 budget was needed to get the project started, with every plot growing, and the watering system running well. By this time, the new garden was the talk of the area, and a

waiting list had developed. Talk of new gardens in '11 has attracted even more applications.



Handy watering station

September 7, Healthy Aging

“Advice for Care Givers at Home: Take care of yourself, with enough food, rest and exercise.” **Rebecca Shippey, Healthy Aging Coordinator at Morristown Memorial Hospital (part of the Atlantic Health system).** Like the advice given to airline travelers with children: *Put your oxygen mask on first*, the home caregiver must be in good condition to properly care for others.

Rebecca reminded us that caregiving can be very stressful. She suggests taking an occasional break to deal with your feelings. Share your concerns with friends, family, club or church members.. Reading or walking can recharge your batteries. You cannot do everything, but you can learn to say no,

The purpose of her presentation was to tell us about resources available to the caregiver and to those in need of care. The Atlantic Health program provides help in finding information about private home care and visiting nurse services, rehabilitation and assisted living facilities, housing, adult day services, hospice and palliative care services, and other community services for older adults. They may be contacted at 973-971-5839, or by email at healthyaging@atlantichhealth.org; the Web site is www.atlantichhealth.org.

The Healthy Aging program involves an active outreach to the community. Rebecca plans in-house seminars, presentations to outside groups, and support meetings for caregivers with local professionals. Calls and emails are answered by an experienced eldercare professional. A related source of help is available through the Family Caregiving Coalition. At Overlook Hospital, Jeanne Kirwan may be contacted at 908-522-5495, or by info@cfcare.org.



Rebecca Shippey.

PASTA DINNER



Tony Arminio

CHATHAM HIGH SCHOOL, OCT. 28, 2010 VOLUNTEER SCHEDULE, 4:15- 7:15PM

Note to Kiwanians: Please defer to students where appropriate and play supporting role. Let me know if you are unavailable or missing from the list, and would like to participate in this important fund-raiser. Thanks,
Dave Pike, Chair, Dinner Comm.(dapike@optonline.net)



Caroline Olsen

COORDINATORS

Bryant 4:15-5:45
Robertson 5:45-7:15

TICKET SALES

Behling 4:15-5:45
Ahrens 5:45-7:15

TICKET TAKERS

Whalin, B 5:30-6:30
Slade 6:30-7:15

TAKE-OUTS

Whalin,R 4:15-5:45
Williams 5:45-7:15

DINING ROOM CAPTAIN

Keat

PROD. COORDINATORS

Ligertwood 4:15-5:45
Eyre 5:45-7:30

KITCHEN

Holt 4:15-5:45
May
Students
Gregg 5:45-7:30
Lee
Students

TABLE SETUPS

Mullin(C) 4:00-5:30
Arnesen
Averett
Marcel
Students

TABLE SETUPS

Kitson(C)5:30-7:15
Shippey
Martin
Mutchler
Students

SERVERS

Montague(C) 5:15-6:15
Cooperman
Vaughn
Students

SERVERS

Olpp (C) 6:15-7:15
Maloney
Matturri
Students

DESSERT SERVERS

Johnson 5:15-6:15
Students
Dudderar 6:15-7:15
Students

COFFEE/TEA SERVICE

Cunningham 5:15-6:15
Newton 6:15-7:15

RUNNERS

Students

COFFEE MAKER

Zukswert

PICTURES/MUSIC

Stannard

CLEAN-UP

Pike
Wittlinger
Mutchler
Eyre
+ Other Volunteers